

## Influence of MLS laser radiation on erythrocyte membrane fluidity and secondary structure of human serum albumin

Kamila Pasternak · Olga Nowacka ·  
Dominika Wróbel · Ireneusz Pieszynski ·  
Maria Bryszewska · Jolanta Kujawa

Received: 14 July 2013 / Accepted: 6 December 2013 / Published online: 20 December 2013  
© The Author(s) 2013. This article is published with open access at Springerlink.com

**Abstract** The biostimulating activity of low level laser radiation of various wavelengths and energy doses is widely documented in the literature, but the mechanisms of the intracellular reactions involved are not precisely known. The aim of this paper is to evaluate the influence of low level laser radiation from a multiwave locked system (MLS) of two wavelengths (wavelength = 808 nm in continuous emission and 905 nm in pulsed emission) on the human erythrocyte membrane and on the secondary structure of human serum albumin (HSA). Human erythrocytes membranes and HSA were irradiated with laser light of low intensity with surface energy density ranging from 0.46 to 4.9 J cm<sup>-2</sup> and surface energy power density 195 mW cm<sup>-2</sup> (1,000 Hz) and 230 mW cm<sup>-2</sup> (2,000 Hz). Structural and functional changes in the erythrocyte membrane were characterized by its fluidity, while changes

in the protein were monitored by its secondary structure. Dose-dependent changes in erythrocyte membrane fluidity were induced by near-infrared laser radiation. Slight changes in the secondary structure of HSA were also noted. MLS laser radiation influences the structure and function of the human erythrocyte membrane resulting in a change in fluidity.

**Keywords** Erythrocyte membrane · Human serum albumin · Laser therapy · MLS M1 system

---

K. Pasternak · I. Pieszynski · J. Kujawa  
Clinic of Medical Rehabilitation, Medical University of Lodz, 75  
Drewnowska Str, 91-002 Lodz, Poland  
e-mail: irek.pieszynski@gmail.com;  
ireneusz.pieszynski@umed.lodz.pl

K. Pasternak  
e-mail: kamila.pasternak@umed.lodz.pl

J. Kujawa  
e-mail: jolanta.kujawa@umed.lodz.pl

O. Nowacka · D. Wróbel · M. Bryszewska  
Department of General Biophysics, Faculty of Biology and  
Environmental Protection, University of Lodz, 141/143  
Pomorska Str, 90-236 Lodz, Poland  
e-mail: olganow@biol.uni.lodz.pl

D. Wróbel  
e-mail: dominika\_wrobel@o2.pl

M. Bryszewska  
e-mail: marbrys@biol.uni.lodz.pl