

**Published:** November 23, 2015

## The Laser That Changes Lives

### New laser therapy helps podiatry patients reclaim freedom from pain.

Lasers are not just for lightsabers anymore.

In fact, laser therapy is transforming health care and treating more podiatry ailments than ever before, according to board-certified podiatrist Roy A. Rothman, DPM, in DeBary. Dr. Rothman recently obtained an MLS Class IV laser, a device on the leading-edge of laser technology.



The MLS Class IV laser offers solutions to some of podiatry's biggest challenges.

"This newer technology really does change the way I treat a majority of my patients," says Dr. Rothman. "I can treat everything from plantar fasciitis to diabetic neuropathy. It has almost endless uses for podiatric treatments."

*MLS* stands for *multi-wave locked system*, which means it uses multiple light wavelengths to treat two aspects of pain: immediate discomfort and long-term inflammation.

"The two wavelengths are administered simultaneously," Dr. Rothman explains, "stimulating the natural healing processes in your tissues. One of the wavelengths works on inflammation, relieving irritation long term, while the pulsed laser alleviates discomfort. The wavelengths reinforce each other, offering patients unprecedented relief. The results speak for themselves."

#### Changing lives

"In the few months we've offered the laser at our facility, the results have just been astounding," Dr. Rothman reports. "I've seen dramatic pain relief; I've seen quicker post-operative healing. I even had a patient who was able to avoid a scheduled surgery, thanks to successful MLS laser therapy. That's pretty amazing for a noninvasive treatment."

Dr. Rothman points out that the laser is also used in wound care, as it has proven accelerated healing times for previously non-healing wounds.

"I've had patients come in with wounds that wouldn't heal, and within a couple of treatments, they began to respond," he says. "I had another patient with *Achilles tendonitis*, an ailment that is very risky to treat with cortisone. Thanks to the laser, she ended up not needing an injection. If you can get all that from a series of painless, ten-minute laser treatments, that changes lives."

#### A new era

Dr. Rothman is thrilled that so many people can find relief from a deep heat therapy treatment that results in no side effects or adverse reactions.

"We're seeing pain reduction, rapid tissue repair and cell growth, improved vascularity, increased metabolic activity, improved nerve function, all kinds of benefits. I even use it to treat muscular pain and sports injuries," he reports.

Amazed at the capabilities of the laser, Dr. Rothman believes it just might represent a new era in foot treatment.

"We're getting such a good response from it," says Dr. Rothman. "It's definitely exciting."

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