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Latest tech for foot pain relief

Albany Podiatry patients now pain-free with laser therap



[First Posted: Sunday, July 19, 2015 -midnight](#)

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ALBANY — Albany Podiatry has recently announced the offering of Cutting Edge Laser Therapy. The addition of this exciting and effective modality is part of Albany Podiatry’s continued investment in advanced technologies and progressive procedures in the podiatric field.

Laser Therapy has been used effectively for many years, but advances in technology have produced the latest generation of Laser Therapy, which Albany Podiatry now offers its patients. With Laser Therapy, Drs. Mark Friedman and Doug Mason have been able to provide relief to those suffering from both chronic and acute ailments such as heel pain, tendinitis, arthritis, plantar fasciitis, sprains, and strains without the use of painful injections or potentially habit-forming drugs.

Laser Therapy is painless, and most patients see positive results in just 1-3 sessions. “When a physical

condition or injury affects mobility or quality of life, there is one goal: rapid return to everyday activities. We now have the most advanced equipment on the market to deliver results. With Laser therapy, patients experience decreased inflammation, increased blood circulation, and accelerated cell reproduction which results in faster healing,” states Dr. Friedman. “More and more, our patients are looking for effective treatment options that are less invasive, provide rapid results, have no side effects. Laser Therapy provides us with an opportunity to meet the needs of our patients, and offer the highest levels of care possible.”

Dr. Friedman summarizes, “We pride ourselves on offering the latest in technological advancements. Laser Therapy is cutting-edge in the podiatric industry, and we feel our patients deserve to have that option when choosing the best care for themselves.” Albany Podiatry is the exclusive provider of MLS Laser Therapy in the Capital District.

Is it safe?

MLS Laser Therapy has been cleared by the FDA since 2008. Over a million treatments have been performed with no reported side effects. Laser Therapy can be found in every medical discipline and is frequently used to treat professional athletes.

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[continued](#) — Is Laser Therapy right for everyone?

We evaluate each patient's condition and perform a complete foot/ankle examination to determine if they are a candidate for this procedure.

How many treatments are typically required?

Each treatment plan is based on the individual patient's condition. Acute injuries and tendinitis can be treated in as few as 6 sessions. More chronic conditions require 10-15 sessions to achieve maximum results.

Do patients continue treatment indefinitely?

No, we identify the source of the problem and our goal is to correct it. We use Laser Therapy to accelerate healing so that the condition resolves at a faster rate. Results have proven to be permanent for the majority of conditions we treat.

Is it covered by medical insurance?

Currently MLS Laser Therapy is not covered by insurance; however, patients may submit paid receipts to their health savings accounts for consideration. Fortunately, lasery therapy is very affordable.

Albany Podiatry is located at 6 Executive Park Dr. Drs. Friedman and Mason specialize in comprehensive podiatruc care, including diabetic foot care, surgery and sports medicine. For more information, visit www.albanypodiatry.com or call 482-4321.

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