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Laser therapy a solution for injuries and pain management

Tom had a severe case of psoriatic arthritis in his hands. His fingers were swollen like sausages and he couldn't move his hands or play golf. His doctor told him his only option was to take injections and pain medication.

After learning about MLS Laser therapy, Tom started with a ten minute MLS laser treatment on both hands three times a week. His pain was cut in half after the first week of treatment. After three more treatments during the second week, his hands were almost back to normal and swelling was almost completely gone. After a couple more treatments during the third week, the pain was gone and he was back to normal activity. Tom is on a maintenance program with laser treatment every other week and his arthritis is completely in control without injections or other treatments.

Barb had a total shoulder replacement that failed to produce the desired result. Subsequent physical therapy did not yield improvement so a revision was necessary. After the revision, Barb experienced persistent pain and stiffness so she relied heavily on pain medications. She had limited use of her arm and needed assistance to dress and to do her tasks around the house.

After six MLS Laser treatments, Barb's husband said, "It's the first time in over a year that my wife was able to pick up the dishes. She's also forgetting to take her pain medications, and that's a good sign."

After six weeks of treatments, Barb was totally changed person. She is free of pain medications and arm stiffness.

Xavier had a bad ankle sprain during a basketball game. His ankle was swollen when he limped into the clinic and he was doubtful that he would be able to play the next week, much less the next day against a top ranked opponent. There was no pain for his second treatment. The swelling was gone and he scored 26 points that night.

The Illinois Laser Center in Springfield, Illinois, is the first facility in central Illinois to offer the next generation of laser technology. Barb, and Xavier are experiencing extraordinary results because of cutting edge laser technology and specialized care.

"It is pretty amazing therapy," said Dr. Jared Kennedy, Director of the Illinois Laser Center. "I was able to use a laser on Barb's shoulder in a synergistic fashion that give me the results I like to see; and what my patients are looking for. We have seen a dramatic improvement in patients with herniated discs, rotator cuff tears, carpal tunnel, and other shoulder and elbow indications. The laser reduces nerve impingement and inflammation with previous surgery. The results are pretty phenomenal and eight out of ten patients have dramatic results."

Many professional teams are using this technology to reduce pain and inflammation and to kick start the healing process. We have been using this technology at our clinic for over four years now and the results have been very positive. I can understand why this technology is being used by many professional teams. We are able to return injured athletes to their sport faster and keep them in the game longer.

"Now I can use the laser in conjunction with other chiropractic protocols," said Dr. Kennedy. "The laser also helps with inflammation and pain in a synergistic fashion that give me the results I like to see; and what my patients are looking for. We have seen a dramatic improvement in patients with herniated discs, rotator cuff tears, carpal tunnel, and other shoulder and elbow indications. The laser reduces nerve impingement and inflammation with previous surgery. The results are pretty phenomenal and eight out of ten patients have dramatic results."

After trying casts and braces, and enduring a series of cortisone injections in his ankle, one of my patients was able to return to his sport after six weeks of treatments and within the three weeks of therapy and rest, the pain was gone.

We are achieving great results with athletes who have ankle sprains, muscle strains, contusions and bruises Achilles tendinitis, and turf toe. We have treated many local athletes who were able to play their entire season and win all sorts of awards and were offered college scholarships.

Prior to purchasing this technology, we explored all the options and discovered that this particular laser offers restoration of mobility. The dual wave MLS Laser relieves pain and reduces inflammation by increasing blood flow of light deep into the damaged tissue and stimulates the damaged cells at the mitochondrial level to produce heat. Basically, it kick starts the healing process in tendons, ligaments and muscles; and they can repair themselves up to 10 times faster.

The MLS Laser Therapy is being used by chiropractors, podiatrists, orthopedic physicians, dentists, veterinarians and athletic trainers. It has proven to be effective on a wide range of physical ailments including tendon and ligament tears, sore muscles and joints, back pain, neurological pain, chronic wounds, general pain, musculoskeletal and anti-inflammation applications.”

According to Dr. Kennedy, “The MLS is also used by practitioners to treat conditions such as face pain, sciatic nerve pain, and herpes.”

We are pleased to offer the patients an alternative to injections or other invasive treatments. This is an alternative to surgery with more traditional modalities.

“When patients ask me what they feel during the treatment,” said Dr. Kennedy, “I tell them, you will not feel any pain, and no itching sensation. The treatments are short, and the relief is often felt by the time the patient gets home.”

Thousands of patients across the country have tried this laser with results that are positive. Usually, patients see relief after one treatment. Pain is definitely less and they leave with more mobility. Patients come in with acute swelling and tenderness. After a couple of treatments, we have been able to significantly reduce their symptoms. After three to six sessions, we have been surprised and very happy.”

We are successfully treating high school athletes with acute ankle sprains and heel pain who want to get back to playing. With 90% of the pain is gone. With normal therapy, it may have taken three to four weeks to heal to the point where the athlete can play. A 16 year old who is about to miss a quarter of the football season.

MLS Laser treatment has meant relief from pain without medication or surgery for the vast majority of cases. We have expanded from Chicago to Alton to offer this technology. It is non-invasive, has no side effects, and people are getting better. We are seeing results and it has truly enhanced my practice. It has changed the way we approach pain management and post-operative care. The laser heals patients faster.

To receive additional information or to schedule an appointment, call the Illinois Laser Center at (217) 670-2161. We have a short video that explains this technology, and hear what patients and physicians are saying about their experiences.

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