

Cutting Edge Laser Relieves Pain

MLS Laser available at Paris Community Hospital.

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Paris, IL - Paris Community Hospital and Family Medical Center is the first in the valley to offer a new cutting edge treatment.

A laser helps manage pain and promote the healing of injuries and chronic conditions.

Pat Bell suffered from painful tendonitis in his ankle.

Pat Bell says, "I really couldn't lift my right heel without a great deal of pain. So, even walking was a serious issue."

Bell's doctor sent him to physical therapy at Paris Community Hospital and Family Medical Center.

Morgan Kincaid, physical therapist, says, "It's different than most lasers because it combines two wavelengths and it's use of light therapy to increase circulation and promote healing."

The supervisor of the rehab department says patients get into a comfortable position.

The robotic arm of the laser is then used to treat large areas of the body, while a hand held wand treats small areas.

The laser can be used on a variety of injuries and pain.

Kincaid says, "Anything from tendonitis, bursitis, arthritis all the way to peripheral neuropathy. Actually, we've had a few wound patients as well."

The procedure takes, on average, 8 minutes and is not painful.

In fact, Bell says he did not feel anything except relief from the tendonitis.

Bell says, "I really don't have any continuing problem. The therapy worked very well."

Bell even recently went on vacation and did a lot of walking and all was fine

The supervisor at the rehab department says they've seen a lot of success with the laser treatment and there are no side effects.

For some patients, relief starts immediately, but on average, patients with acute pain need 6 to 8 treatments and those with chronic injuries need 10 to 12.

If you would like more information you can call Paris Community Hospital's rehab department at 217-465-2606 ext. 244.